



**CANADIAN REGISTRATION BOARD OF OCCUPATIONAL HYGIENISTS  
CONSEIL CANADIEN D'AGRÉMENT DES HYGIÉNISTES DU TRAVAIL**

**Registered Occupational Hygiene Technologist (ROHT)  
REGISTRATION MAINTENANCE WORKSHEET**

**Name:** \_\_\_\_\_

**ROHT #:** \_\_\_\_\_

**RM Cycle (dates):** \_\_\_\_\_ to \_\_\_\_\_ (40 points required)

**Employer:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Declaration:**

The information in this Worksheet is true and correct to the best of my knowledge, and apply to the period covered by this worksheet. I agree that I have complied and will continue to comply, to the best of my ability, with the CRBOH Code of Ethics.

**Signature of Applicant:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Please Note:**

- RM Worksheets are due by March 31<sup>st</sup> in the year following the end of the 5-year registration maintenance cycle that is being reviewed.
- It is preferred that electronic copies of completed worksheets are submitted; please email to [margaret.fung@humber.ca](mailto:margaret.fung@humber.ca). Otherwise, hard copies may be mailed to Margaret Fung, Humber College, 205 Humber College Blvd., Toronto, Ontario, Canada M9W 5L7.
- CRBOH communicates with its members primarily by email. If you are re-registered, please note that your new seal will be sent to the mailing address on record with CRBOH. Please ensure that your contact information is up-to-date on the CRBOH website at [www.crboh.ca](http://www.crboh.ca). Log in with your User ID (first initial and last name) and Password (your ROHT number).

[www.crboh.ca](http://www.crboh.ca)

Business Address/Adresse administrative: P.O. Box 324, Carleton Place, Ontario K7C 3P4  
rev. Oct 2015



**CANADIAN REGISTRATION BOARD OF OCCUPATIONAL HYGIENISTS  
CONSEIL CANADIEN D'AGRÉMENT DES HYGIÉNISTES DU TRAVAIL**

## **ROHT REGISTRATION MAINTENANCE WORKSHEET**

Please enter the details for all registration maintenance activities that you are claiming.

Please leave the “Points Awarded” sections blank. These are for the use of the reviewers only.

### **1. Active Occupational Hygiene Technologist Practice**

- A **maximum of 5 points for each year and 25 points in a 5-year cycle** may be claimed for active (more than 50% of your time) occupational hygiene practice.

Dates (mm/yr – mm/yr)	Employer	Position Title	Points Claimed	Points Awarded

### **2. Professional Association Membership**

- A **maximum of 1 point per year and 5 points in a 5-year cycle** is allowed for all memberships.
- Provincial occupational hygiene associations, AQHSST, AIHA, BOHS, ACGIH, and CSSE are examples of acceptable organizations.
- Memberships in the CRBOH, CAHIQ, ABIH, BCRSP or BCSP are not eligible for points.
- Other organizations will be considered on a case-by-case basis.

Dates (mm/yr – mm/yr)	Association	Points Claimed	Points Awarded



**CANADIAN REGISTRATION BOARD OF OCCUPATIONAL HYGIENISTS  
CONSEIL CANADIEN D'AGRÉMENT DES HYGIÉNISTES DU TRAVAIL**

**3. Technical/Professional Committee Service:**

- Membership on a technical or professional committee outside of your organization is eligible for **1 point per year for regular members and 1.5 points per year for chairs or similar leaders.**
- Committees of accepted societies are considered acceptable in this category, as are CSA, ANSI or similar committees.
- Work on CRBOH, CAHIQ, ABIH, BCRSP, BCSP or CSSE committees are eligible for points.
- Internal committee (e.g. workplace health and safety committees) memberships that are part of your job are not eligible.
- **There is no maximum on the points that may be claimed in this category.**

Dates (mm/yr – mm/yr)	Organization	Committee Name	Position Occupied	Points Claimed	Points Awarded

**4. Teaching/Presentations**

- **0.5 points for each hour** will be awarded for teaching or presenting occupational hygiene material at seminars, meetings, and educational programs.
- Presentations that are part of your organization or your primary job are not eligible.
- **A maximum of 10 points can be claimed for this category for a 5-year cycle.**

Dates (dd/mm/yr – dd/mm/yr)	Organization	Presentation Title	Points Claimed	Points Awarded





**CANADIAN REGISTRATION BOARD OF OCCUPATIONAL HYGIENISTS  
CONSEIL CANADIEN D'AGRÉMENT DES HYGIÉNISTES DU TRAVAIL**

**7. Activities Not Otherwise Listed**

- **Preparation and Acceptance of Questions for the ROHT Examination**
  - **1 point per five multiple choice questions submitted and accepted** for inclusion to the ROHT examination question data bank will be granted.
  - **1 point will be granted for each short essay question submitted and accepted** for inclusion to the ROHT examination data bank. Formal notification will be supplied by the ROHT exam committee when questions are accepted.
- **Re-examination and other examinations**
  - Successfully re-writing the current ROHT examination will be awarded 40 points.
  - If another professional designation is earned during the maintenance period, from a recognized professional association or society, maintenance points will be awarded proportionately based on the occupational hygiene content. For example, if the CRSP exam is 20% O.H content, the corresponding number of points will be granted for the entire cycle.
- **University or College credit courses**
  - Credit will be given for any course from an accredited educational institute that relates to the practice of occupational hygiene, health or safety.
    - As a student, 1.5 points are awarded per credit hour.
    - As an instructor, 2.5 points are awarded per credit hour.
    - The following points are awarded if an academic degree is obtained during the maintenance cycle: 40 for a MSc, 30 for a BSc, 20 for a Diploma and 10 for a certificate. Credit for courses completed towards the degree will not be counted in addition to any points awarded for obtaining the degree.
- A poster presentation will receive 0.5 point.
- Other maintenance points may be awarded for involvement with activities not otherwise listed above on a case-by-case basis. Please state the date, the sponsoring organization, and how the activity contributed to the activities of the CRBOH or to a better understanding of occupational hygiene in general.
- For topics or types of courses or sessions that may be accepted by the Board, please see Table 1.
- **There is no maximum on the points that may be claimed in this category.**

Date (dd/mm/yy – dd/mm/yy)	Sponsoring Organization	Activity	Points Claimed	Points Awarded





**CANADIAN REGISTRATION BOARD OF OCCUPATIONAL HYGIENISTS  
CONSEIL CANADIEN D'AGRÉMENT DES HYGIÉNISTES DU TRAVAIL**

**Table 1: “Occupational Hygiene” and related course types:**

- Air sampling and sampling strategies, analysis and control measures (including air sampling for environmental purposes)
- Assessments of confined spaces
- Asbestos control
- Measurement and control of physical and biological agents
- Toxicology and epidemiology
- Application or enforcement of Canadian legislation and standard setting dealing with occupational hygiene
- Ergonomics
- Biohazards
- Engineering controls – ventilation, noise reduction and others
- Program management and labour relations as they apply to occupational hygiene
- WHMIS, Transportation of Dangerous Goods
- Personal protective equipment selection and fit testing
- Hazardous chemicals handling and disposal
- Biological monitoring, including audiometric testing
- Workplace health monitoring
- Indoor air quality
- Health and safety auditing
- Risks assessment
- Emergency response
- Management in any of the above areas
- Instructing in any of the above areas
- Communications, report writing and similar activities

**Course work which will not garner registration maintenance points will include the following in the course title or objectives:**

- Security work
- First aid
- Nursing or other medical professions (unless this involves topics which concentrate on occupational hygiene issues)
- Water sampling